## 2016 - 2017 ATHLETIC NEWS INFORMATION

United Township High School will offer <u>eight (8) fall, five (5) winter and six (6) spring sports</u>, besides cheerleading in the fall and winter. The following list of sports indicates the season and starting date of practice.

<u>Fall</u>		<u>Winter</u>		<u>Spring</u>	
Boys Soccer	8/10/2016	Girls Basketball	10/31/2016	Boys/Girls Track	1/16/2017
Boys Golf	8/10/2016	Boys Basketball	11/07/2016	Baseball	2/27/2017
Football	8/08/2016	Girls Bowling	11/14/2016	Boys Tennis	2/27/2017
Boys/Girls Cross Country	8/10/2016	Wrestling	11/07/2016	Girls Soccer	2/27/2017
Girls Swimming	8/10/2016	<b>Boys Swimming</b>	11/21/2016	Softball	2/27/2017
Girls Tennis	8/10/2016				
Volleyball	8/10/2016				

Requirements which must be met to be eligible.

- 1. All athletes must have a physical examination to try out for any athletic team. Freshman <u>must</u> have a 9<sup>th</sup> grade physical to enter high school. The 9<sup>th</sup> grade physical qualifies as their sports physical. IHSA By-Law2.150 PHYSICAL EXAMINATION: A school shall have on file for each student who participates (including practice) in interscholastic athletics a certificate of physical fitness issued by a licensed physician, physician's assistant or nurse practitioner as set forth in the Illinois State Statutes not more than <u>395 days preceding any date of participation in any such practice, contest or activity.</u>
- 2. All athletes must have an athletic permit card (Manila Folder) filled out and signed by parents/guardians. Coaches will distribute the athletic permit card or it can be picked up in the Athletic Director's Office. Student athletes will also be required to have a medical emergency card on file with their coach.
- 3. Prior to each season, the coaches will conduct a team rules meeting. Your son or daughter will be notified by the coach regarding the time and location of the meeting. <u>All athletes and parents/guardians must attend this important meeting.</u> All team rules, coaching philosophy, and the athletic participation policy will be reviewed and discussed. This is a great opportunity for you to meet the coach and have some of your concerns and questions answered.
- 4. <u>All Athletes must pay a yearly participation fee of \$50.00 to belong to an athletic team</u>. This fee must be paid prior to your child's participation in a sport. This fee is paid only once per school year regardless of the number of sports an athlete is in.
- 5. All athletes must be passing five (5) classes per week, and at the end of each semester, to be eligible for participation.

The U.T.H.S. Booster Club will sell official P.E. uniforms during walk-in registration and the first week of school. The cost will be \$15.00\* for T-shirt and shorts. \*Additional charges for extra large sizes.

We are looking forward to another great sports year! Hopefully, this information will be helpful to you in your preparation for your child's athletic participation.

Thank you,

Mark Pustelnik, Athletic Director