



UNITED TOWNSHIP HIGH SCHOOL BREAKFAST

**March
2018**

*Milk choice includes: Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)
Alternate Items Available Daily: Hot/Cold Cereal, Yogurt, Bagel, Breakfast Sandwich, Fruit
Choice or Fruit Juice Choice.
Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Glazed Donut Fresh Banana	2 Scramble Eggs Waffle/ Syrup Peaches Strawberries
5 Scramble Eggs Fresh Baked Cinnamon Roll Applesauce Orange Juice	6 Pancakes/ Syrup Bacon Fresh Pear	7 French Toast/ Syrup Scrambled Eggs Fresh Orange	8 Breakfast Pizza Apricot Mandarin Oranges	9 Assorted Pop Tarts Fresh Apple
12 Spring Intersession	13 Spring Intersession	14 Spring Intersession	15 Spring Intersession	16 Spring Intersession
19 Spring Intersession	20 Spring Intersession	21 Spring Intersession	22 Spring Intersession	23 Spring Intersession
26 Biscuit and Gravy Fresh Pear	27 Scrambled Egg Pancakes/ Syrup Orange Juice Pears	28 French Toast/ Syrup Bacon Peaches Fruit Cocktail	29 Glazed Donut Assorted Fresh Fruit	30 No School



UNITED TOWNSHIP HIGH SCHOOL LUNCH

March 2018

Daily Lunch Choices: A variety of premade Salad, Hoagie Lunch, Soft Pretzel Lunch
*MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breaded Chicken Breast On A Whole Grain Bun Cowboy Cavatina With Whole Grain Garlic Toast <i>Mixed Green Salad</i> <i>Green Beans</i> Oven Baked French Fries Fresh Orange Cookie	2 Macaroni and Cheese With A Whole Grain Dinner Roll Pork Tenderloin On A Whole Grain Bun Carrots <i>Mixed Green Salad</i> Applesauce Fruit Cocktail
5 <u>Chef Special</u> Turkey Broccoli Casserole With A Whole Grain Dinner Roll Carrots <i>Mixed Green Salad</i> Fresh Orange	6 <u>Chef Special</u> Chicken Fajita Spanish Rice Broccoli Mixed Green Salad Fresh Banana	7 <u>Chef Special</u> Spicy Chicken Breast On A Whole Grain Bun Carrots Oven Baked French Fries <i>Mixed Green Salad</i> Peaches Strawberries Cookie	8 <u>Chef Special</u> Bacon Cheeseburger Oven Baked French Fries Green Bean Mixed Green Salad Fruit Cocktail Pears	9 <u>Chef Special</u> Pizza Mixed Green Salad Baby Whole Carrots/ Dip Fresh Assorted Fruit
12 Spring Intersession	13 Spring Intersession	14 Spring Intersession	15 Spring Intersession	16 Spring Intersession
19 Spring Intersession	20 Spring Intersession	21 Spring Intersession	22 Spring Intersession	23 Spring Intersession
26 Soft Shell Taco's Spanish Rice BBQ Pork On A Whole Grain Bun Refried Beans Oven Baked Sweet Potato Fries <i>Mixed Green Salad</i> Strawberries Applesauce	27 Breaded Chicken Leg With Whole Grain Dinner Roll Potato Crusted Fish Fillet With Whole Grain Dinner Roll Cheesy Garlic Mashed Potatoes Broccoli <i>Mixed Green Salad</i> Fresh Oranges	28 Pasta Bar With Whole Grain Noodle and Garlic Bread Turkey and Swiss on A Whole Croissant <i>Mixed Green Salad</i> Carrots Fresh Apples Cookies	29 Chicken Enchiladas Spanish Rice Fish Sandwich On A Whole Grain Bun Oven Baked French Fries <i>Mixed Green Salad</i> Baby Whole Carrots/ Dip Assorted Fresh Fruit	30 <h2 style="text-align: center;">No School</h2>



UTEC BREAKFAST MENU

**March
2018**

*Milk choice includes:
Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)
Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Glazed Donut Fresh Banana	2 Scramble Eggs Waffle/ Syrup Peaches Strawberries
5 Apple Muffin Applesauce Orange Juice	6 Banana Bread Fresh Pear	7 French Toast/ Syrup Sausage Link Fresh Orange	8 Breakfast Pizza Pears Mandarin Oranges	9 Fruit Yogurt Cereal Bar Fresh Apple
12 Spring Intersession	13 Spring Intersession	14 Spring Intersession	15 Spring Intersession	16 Spring Intersession
19 Spring Intersession	20 Spring Intersession	21 Spring Intersession	22 Spring Intersession	23 Spring Intersession
26 Whole Grain Cereal Graham Cracker Apple sauce Orange Juice	27 Chocolate Mint Donut Fresh Pear	28 French Toast/ Syrup Bacon Peaches Fruit Cocktail	29 Glazed Donut Assorted Fresh Fruit	30 No School



UTEC/PHOENIX LUNCH MENU

March 2018

Milk choice includes: Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)

**Menu subject to change*

Monday	Tuesday	Wednesday	Thursday	Friday
			<u>1</u> Cowboy Cavatina With Whole Grain Garlic Toast <i>Mixed Green Salad</i> <i>Green Beans</i> Fresh Orange Cookie	<u>2</u> Pork Tenderloin On A Whole Grain Bun Baby Whole Carrots/ Dip <i>Mixed Green Salad</i> Applesauce Fruit Cocktail
<u>5</u> Turkey Broccoli Casserole With A Whole Grain Dinner Roll Green Bean <i>Mixed Green Salad</i> Fresh Orange	<u>6</u> Bosco's Sticks Mixed Green Salad Baby Whole Carrots/ Dip Fresh Banana	<u>7</u> Spicy Chicken Breast On A Whole Grain Bun Mixed Green Salad Oven Baked French Fries Peaches Strawberries Cookie	<u>8</u> Bacon Cheeseburger Oven Baked French Fries Baby Whole Carrots/ Dip Fruit Cocktail Pears	<u>9</u> Pizza Mixed Green Salad Baby Whole Carrots/ Dip Fresh Assorted Fruit
12 Spring Intersession	13 Spring Intersession	14 Spring Intersession	15 Spring Intersession	16 Spring Intersession
19 Spring Intersession	20 Spring Intersession	21 Spring Intersession	22 Spring Intersession	23 Spring Intersession
26 BBQ Pork On A Whole Grain Bun Oven Baked Sweet Potato Fries <i>Mixed Green Salad</i> Strawberries Applesauce	27 Breaded Chicken Leg With Whole Grain Dinner Roll Cheesy Garlic Mashed Potatoes Broccoli Fresh Oranges	28 Turkey and Swiss on A Whole Croissant <i>Mixed Green Salad</i> Carrots Fresh Apples Cookies	29 Fish Sandwich On A Whole Grain Bun Oven Baked French Fries Baby Whole Carrots/ Dip Assorted Fresh Fruit	30 No School