



# UNITED TOWNSHIP HIGH SCHOOL BREAKFAST

**April  
2018**

*Milk choice includes: Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)*  
*Alternate Items Available Daily: Cold Cereal, Yogurt, and Bagel.*  
*\*Menu subject to change*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  <u>No School</u>	<b>3</b> Fresh Baked Cinnamon Roll Bacon Pears Orange Juice	<b>4</b> Scrambled Eggs Assorted Muffin Mandarin Orange Applesauce	<b>5</b> Pancakes/ Syrup Sausage links Fresh Banana	<b>6</b> French Toast Scrambled Eggs Pears Strawberries
<b>9</b>  Glazed Donut Fresh Apple	<b>10</b>  Egg Bacon Cheese Biscuit Fresh Banana	<b>11</b>  Ham & Cheese Quiche Assorted Muffin Peaches Orange Juice	<b>12</b>  Scrambled Eggs Waffles/Syrup Fruit Cocktail Pears	<b>13</b>  Assorted Pop Tarts Fresh Orange
<b>16</b>  Scrambled Eggs French Toast/Syrup Fresh Apple	<b>17</b>  Pancakes/Syrup Bacon Applesauce Mandarin Oranges	<b>18</b>  Breakfast Pizza Peaches Strawberries	<b>19</b>  Cheese Omelet Hash Brown Toast and Jelly Orange Juice Fruit Cocktail	<b>20</b>  Egg, Sausage and Cheese English Muffin Fresh Orange
<b>23</b>  Scrambled Egg Pancakes/ Syrup Pears Orange Juice	<b>24</b>  Waffles & Syrup Sausage Patty Fruit Cocktail Applesauce	<b>25</b>  Biscuit and Gravy Fresh Orange	<b>26</b>  Assorted Pop Tarts Fresh Apple	<b>27</b>  <u>Teachers Institute</u> <u>No School For</u> <u>Students</u>
<b>30</b>  French Toast/Syrup Bacon Fresh Apple				



## UNITED TOWNSHIP HIGH SCHOOL LUNCH

April  
2018

**Daily Lunch Choices: A variety of premade Salad, Hoagie Lunch, Soft Pretzel Lunch**  
**\*MENU SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
<u>2</u>  <b><u>No School</u></b>	<u>3</u>  Walking Taco's Spanish Rice Chicken Nuggets With Whole Grain Dinner Roll <b>Baby Whole Carrots/Dip</b> Refried Beans Fresh Orange	<u>4</u>  Chicken Alfredo Whole Grain Garlic Bread Stick Cheeseburger On A Whole Grain Bun Oven Baked French Fries Green Bean Mixed Green Salad Fresh Pear <b>Cookie</b>	<u>5</u>  Pasta Bar Served With Whole Grain Garlic Bread Stick Hot Ham and Cheese On A Whole Grain Croissant Corn <b>Baby Whole Carrots/Dip</b> <i>Mixed Green Salad</i> Applesauce Peaches	<u>6</u>  Teriyaki Beef Stir Fry Chicken Vegetable Egg Roll Fried Rice Broccoli <b>Carrots</b> Mixed Green Salad Fresh Apple
<u>9</u>  Spicy Chicken Breast On A Whole Grain Bun Stuffed Crust Pizza <b>Baby Whole Carrot/Dip</b> Oven Baked French Fries Mixed Green Salad Fruit Cocktail Pears	<u>10</u>  BBQ Pork On A Whole Grain Bun Chicken Fajita Spanish Rice Oven Baked French Fries Corn Mixed Green Salad Fresh Orange	<u>11</u>  Hot Dog On A Whole Grain Bun Chicken Parmesan Served With Whole Grain Pasta Baked Beans <b>Carrots</b> Mixed Green Salad Fresh Apple	<u>12</u>  Sweet and Sour Chicken Fried Rice Bacon Cheeseburger On Whole Grain Bun <b>Baby Whole Carrots/Dip</b> Oven Baked French Fries Mix Green Salad Raisin Peaches	<u>13</u>  Cheese Lasagna Served With A Whole Grain Garlic Bread Chicken Tenders Served With A Whole Grain Dinner Roll Mixed Green Salad Mashed Potato and Gravy Broccoli Pears Mandarin Oranges
<u>16</u>  Macaroni and Cheese With Whole Grain Dinner Roll Fish Sandwich On A Whole Grain Bun <b>Oven Baked Sweet Potato Fries</b> Broccoli <i>Mixed Green Salad</i> Peaches Fruit Cocktail	<u>17</u>  Soft Shell Taco's Spanish Rice Pork Tenderloin On A Whole Grain Bun <b>Carrots</b> Corn Green Mix Salad Fresh Pear	<u>18</u>  Sloppy Joes On A Whole Grain Bun Spicy Chicken Breast On A Whole Grain Bun Green Mix Salad Oven Baked French Fries <b>Baby Whole Carrots/ Dip</b> Fresh Orange <b>Cookie</b>	<u>19</u>  Pasta Bar Whole Grain Noodle and Garlic Bread Cheeseburger on Whole Grain Bun Mixed Green Salad Baked Beans Peaches Applesauce	<u>20</u>  Pepperoni Calzone Chicken Tenders Served With A Whole Grain Dinner Roll Mixed Green Salad Mashed Potato and Gravy Green Bean Fresh Apple
<u>23</u>  Country Fried Steak With A Whole Grain Dinner Roll Breaded Chicken Leg With A Whole Grain Dinner Roll <b>Carrots</b> Mashed Potato and Gravy Mixed Green Salad Fresh Apple	<u>24</u>  Turkey & Swiss Cheese On A Whole Grain Croissant Chicken Enchiladas Spanish Rice Corn <b>Baby Whole Carrot/ Dip</b> Mixed Green Salad Peaches Mandarin Oranges	<u>25</u>  Corn Dog Chicken Patty On A Whole Grain Bun Baked Beans Mixed Green Salad <b>Baby Whole Carrot/ Dip</b> Oven Baked French Fries Fresh Pear <b>Cookie</b>	<u>26</u>  Spaghetti & Meatballs With Whole Grain Garlic Bread Chicken Nuggets With Whole Grain Dinner Roll Broccoli Mashed Potato and Gravy Mixed Green Salad Raisin Applesauce	<u>27</u>  <b><u>Teachers Institute</u></b> <b><u>No School For</u></b> <b><u>Students</u></b>
<u>30</u>  Teriyaki Chicken Breast With A Whole Grain Dinner Roll Potato Crust Fish With A Whole Grain Dinner Roll Broccoli Garden Rice Mixed Green Salad Fresh Orange				

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability



# UTEC BREAKFAST MENU

**April  
2018**

*Milk choice includes:  
Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)  
\*Menu subject to change*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> No School	<b>3</b> Assorted Pop Tarts Applesauce Orange Juice	<b>4</b> Raspberry Yogurt Graham Crackers Mandarin Orange Applesauce	<b>5</b> <b>Pancakes</b> <b>Sausage links</b> <b>Fresh Banana</b>	<b>6</b> Whole Grain Cereal Graham Cracker Pears Fruit Cocktail
<b>9</b> <b>Glazed Donut</b> <b>Fresh Apple</b>	<b>10</b> Whole Grain Chocolate Mint Donut Fresh Banana	<b>11</b> Blueberry Muffin Peaches Orange Juice	<b>12</b> <b>Waffles /Syrup</b> <b>Scrambled Eggs</b> <b>Fruit Cocktail</b> <b>Pears</b>	<b>13</b> Powder Donut Fresh Orange
<b>16</b> Whole Grain Cereal Graham Cracker Fresh Apple	<b>17</b> <b>Pancakes</b> <b>Sausage link</b> <b>Applesauce</b> <b>Mandarin Oranges</b>	<b>18</b> <b>Breakfast Pizza</b> <b>Peaches</b> <b>Strawberries</b>	<b>19</b> Apple Cinnamon Muffin Orange Juice Fruit Cocktail	<b>20</b> Banana Bread Fresh Orange
<b>23</b> Fruit yogurt Graham Cracker Pears Orange Juice	<b>24</b> Zucchini Bread Fruit Cocktail Peaches	<b>25</b> <b>Biscuit and Gravy</b> <b>Fresh Orange</b>	<b>26</b> Assorted Pop Tarts Fresh Apple	<b>27</b> <b><u>Teachers Institute</u></b> <b><u>No School For</u></b> <b><u>Students</u></b>
<b>30</b> <b>French Toast/Syrup</b> <b>Bacon</b> <b>Fresh Apple</b>				



## UTEC/PHOENIX LUNCH MENU

**April 2018**

*Milk choice includes: Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)*

*\*Menu subject to change*

Monday	Tuesday	Wednesday	Thursday	Friday
<u>2</u> <b>No School</b>	<u>3</u> Chicken Nuggets With Whole Grain Dinner Roll <b>Baby Whole Carrots/Dip</b> Peas Fresh Orange	<u>4</u> Cheeseburger On A Whole Grain Bun Oven Baked French Fries Green Bean Fresh Pear <b>Cookie</b>	<u>5</u> Hot Ham and Cheese On A Whole Grain Croissant <b>Baby Whole Carrots/Dip</b> <i>Mixed Green Salad</i> Applesauce Peaches	<u>6</u> Teriyaki Beef Stir Fry Fried Rice <b>Carrots</b> Mixed Green Salad Fresh Apple
<u>9</u> Stuffed Crust Pizza <b>Baby Whole Carrot/Dip</b> Mixed Green Salad Fruit Cocktail Pears	<u>10</u> Pork Tenderloin On A Whole Grain Bun Corn Mixed Green Salad Fresh Orange	<u>11</u> Turkey Broccoli Casserole With A Whole Grain Dinner Roll <b>Carrots</b> Mixed Green Salad Fresh Apple	<u>12</u> Bacon Cheeseburger On Whole Grain Bun <b>Baby Whole Carrots/Dip</b> Oven Baked French Fries Raisin Peaches	<u>13</u> Chicken Tenders Served With A Whole Grain Dinner Roll Mixed Green Salad Green Beans Pears Mandarin Oranges
<u>16</u> Macaroni and Cheese With Whole Grain Dinner Roll <b>Baby Whole Carrots/ Dip</b> Broccoli Peaches Fruit Cocktail	<u>17</u> Pork Tenderloin On A Whole Grain Bun Baked Beans Green Mix Salad Fresh Pear	<u>18</u> Spicy Chicken Breast On A Whole Grain Bun Oven Baked French Fries <b>Baby Whole Carrots/ Dip</b> Fresh Orange <b>Cookie</b>	<u>19</u> Cheeseburger on Whole Grain Bun Mixed Green Salad Oven Baked French Fries Peaches Applesauce	<u>20</u> Pepperoni Calzone Mixed Green Salad <b>Baby Whole Carrots/ Dip</b> Fresh Apple
<u>23</u> Country Fried Steak With A Whole Grain Dinner Roll <b>Carrots</b> Mashed Potato and Gravy Fresh Apple	<u>24</u> Turkey & Swiss Cheese On A Whole Grain Croissant Peas Oven Baked French Fries Craisin Mandarin Oranges	<u>25</u> Chicken Patty On A Whole Grain Bun <b>Baby Whole Carrot/ Dip</b> Oven Baked French Fries Fresh Pear <b>Cookie</b>	<u>26</u> Chicken Nuggets With Whole Grain Dinner Roll Broccoli Mixed Green Salad Raisin Applesauce	<u>27</u> <b><u>Teachers Institute</u></b> <b><u>No School For</u></b> <b><u>Students</u></b>
<u>30</u> Bosco Sticks Mixed Green Salad <b>Baby Whole Carrots/Dip</b> Fresh Orange				