



UNITED TOWNSHIP HIGH SCHOOL BREAKFAST

**May
2018**

Milk choice includes: Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)
Alternate Items Available Daily: Hot/Cold Cereal, Yogurt, and Bagel.
**Menu subject to change*

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheese Omelet Hash Brown Toast Fresh Banana	2 Glazed Donut Fresh Apple	3 Pancakes/Syrup Bacon Fresh Pear	4 Fresh Baked Cinnamon Roll Fresh Orange
7 Egg Sausage and Cheese Croissant Fresh Pear	8 Scrambled Eggs Assorted Muffin Fresh Banana	9 Pancakes/Syrup Sausage link Fresh Apple	10 Scrambled Egg French Toast/Syrup Orange Juice Pears	11 Pop Tarts Fresh Orange
14 Scramble Eggs Biscuit and Jelly Strawberries Applesauce	15 Pancakes/Syrup Sausage Link Fresh Banana	16 Breakfast Pizza Peaches Orange Juice	17 Fresh Baked Cinnamon Roll Fresh Apple	18 French Toast/Syrup Bacon Fresh Pear
21 Scramble Eggs Hash Brown Toast Orange Juice Strawberries	22 Breakfast Pizza Fresh Banana	23 Pancakes Sausage links Fresh Pear	24 French Toast/Syrup Bacon Fresh Apple	25 Glazed Donut Fresh Orange
28 No School Memorial Day	29 Chef Special Assorted Fresh Fruit	30 Chef Special Assorted Fresh Fruit	31 Chef Special Assorted Fresh Fruit	June 1st Have A Great Summer To find a Summer Meals site close to you: Call/Llame (800) 359-2163 Text Food IL To 877877 SummerMealsIllinois.org



UNITED TOWNSHIP HIGH SCHOOL LUNCH

May 2018

**Daily Lunch Choices: A variety of premade Salad, Sandwiches, Soft Pretzel Lunch
*MENU SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Fajita Spanish Rice Cheeseburger on Whole Grain Bun Mixed Green Salad Mixed Vegetables Oven Baked Sweet Potato Fries Fresh Pear	2 Spicy Chicken On A Whole Grain Bun Salisbury Steak With A Whole Grain Dinner Roll Mixed Green Salad Mashed Potato and Gravy Green Beans Oven Baked French Fries Fresh Apple Cookie	3 Cheese Ravioli With Whole Grain Garlic Bread BBQ Pork Sandwich On A Whole Grain Bun Carrots Mixed Green Salad Oven Baked French Fries Craisin Strawberries	4 Burrito Walking Taco's Refried Beans Corn Spanish Rice Mixed Green Salad Fresh Orange Churros
7 Maid Rites On A Whole Grain Bun Spicy Chicken Breast On A Whole Grain Bun Oven Baked French Fries Mixed Green Salad Broccoli Fresh Pear	8 Fish Sandwich On A Whole Grain Bun Soft Shell Taco's Spanish Rice Corn Baby Whole carrot/ Dip Mixed Green Salad Fresh Apple	9 Macaroni and Cheese With Whole Grain Dinner Roll BBQ Beef Riblet Sandwich On A Whole Grain Bun Carrots Mixed Green Salad Oven Baked French Fries Fresh Pears	10 Pasta Bar Served With Whole Grain Garlic Bread Pork Tenderloin On A Whole Grain Bun Baby Whole carrot/ Dip Mixed Green Salad Baked Beans Strawberries Applesauce	11 Sloppy Joe On A Whole Grain Bun Cheeseburger on Whole Grain Bun Mixed Green Salad Oven Baked French Fries Fresh Orange
14 Chicken Alfredo Served With Whole Grain Garlic Bread Bacon Cheeseburger on Whole Grain Bun Mixed Green Salad Oven Baked French Fries Baby Whole carrot/ Dip Fresh Apple	15 Cowboy Cavatina Whole Grain Garlic Bread Italian Chicken Breast On A Whole Grain Bun Mixed Green Salad Baby Whole carrot/ Dip Oven Baked French Fries Fresh Pear	16 <u>Chef Special</u> Chicken Fajita Fried Rice Carrots Refried Bean Fresh Orange Cookie	17 <u>Chef Special</u> Teriyaki Beef Stir Fry Fried Rice Steamed Broccoli Mixed Green Salad Fresh Banana	18 <u>Chef Special</u> Spicy Chicken Breast On A Whole Grain Bun Oven Baked French Fries Mixed Green Salad Fresh Apple
21 <u>Chef Special</u> Cheeseburger on a Whole Grain Bun Carrots Oven Baked French Fry Fresh Orange	22 <u>Chef Special</u> Walking Taco's Refried Beans Spanish Rice Baby Whole Carrots Fresh Banana	23 <u>Chef Special</u> Sweet and Sour Chicken Fried Rice Broccoli Mixed Green Salad Strawberries Applesauce	24 <u>Chef Special</u> Pasta Bar Served With Whole Grain Garlic Stick Mixed Green Salad Corn Fresh Assorted Fruit	25 <u>Chef Special</u> Stuffed Crust Pizza Mixed Green Salad Baby Whole Carrots Fresh Assorted Fruit
28 No School Memorial Day	29 <u>No lunch served</u>	30 <u>No lunch served</u>	31 <i>Pizza</i> Baby Whole Carrot/ Dip Fresh Assorted Fruit	June 1st Have A Great Summer To find a Summer Meals site close to you: Call/Llame (800) 359-2163 Text Food IL To 877877 SummerMealsIllinois.org



UTEC BREAKFAST MENU

**May
2018**

*Milk choice includes:
Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)
Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Blueberry Muffin Fresh Banana	2 Glazed Donut Fresh Apple	3 Breakfast Burrito Fresh Pear	4 Fresh Baked Cinnamon Roll Fresh Orange
7 Powder Donut Fresh Pear	8 Scrambled Eggs Assorted Muffin Fresh Banana	9 Pancakes Sausage link Fresh Apple	10 Whole Grain Honey Bun Orange Juice Pears	11 Pop Tarts Fresh Orange
14 Assorted Muffin Applesauce Strawberries	15 Pancakes Sausage Link Fresh Banana	16 Breakfast Pizza Peaches Orange Juice	17 Fresh Baked Cinnamon Roll Fresh Apple	18 Chocolate Mint Donut Fresh Pear
21 Yogurt Graham Cracker Applesauce Orange Juice	22 Breakfast Pizza Fresh Banana	23 Pop Tarts Fresh Pear	24 Scrambled Eggs French Toast/Syrup Fresh Apple	25 Whole Grain Cereal Graham Cracker Fresh Orange <u>UTEC Last Day</u>
28 No School Memorial Day	29 Enjoy Your Summer!!!	30 Enjoy Your Summer!!!	31 To find a Summer Meals site close to you: Call/Llame (800) 359-2163 Text Food IL To 877877 SummerMealsIllinois.org	



UTEC/PHOENIX LUNCH MENU

**May
2018**

Milk choice includes: Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)

***Menu subject to change**

Monday	Tuesday	Wednesday	Thursday	Friday
	<u>1</u> Cheeseburger on Whole Grain Bun Mixed Vegetables Oven Baked Sweet Potato Fries Fresh Pear	<u>2</u> Spicy Chicken On A Whole Grain Bun Baby Whole Carrots/ Dip Oven Baked French Fries Fresh Apple Cookie	<u>3</u> BBQ Pork Sandwich On A Whole Grain Bun Baby Whole Carrots/ Dip Oven Baked French Fries Craisin Strawberries	<u>4</u> Walking Taco's Refried Beans Corn Spanish Rice Fresh Orange Churros
<u>7</u> Spicy Chicken Breast On A Whole Grain Bun Oven Baked French Fries Broccoli Baby Whole Carrots/ Dip Fresh Pear	<u>8</u> Soft Shell Taco's Spanish Rice Corn Baby Whole carrot/ Dip Fresh Apple	<u>9</u> BBQ Beef Riblet Sandwich On A Whole Grain Bun Carrots Oven Baked French Fries Fresh Pears	<u>10</u> Pork Tenderloin On A Whole Grain Bun Baby Whole carrot/ Dip Baked Beans Strawberries Applesauce	<u>11</u> Cheeseburger on Whole Grain Bun Oven Baked French Fries Fresh Orange
<u>14</u> Bacon Cheeseburger on Whole Grain Bun Oven Baked French Fries Baby Whole carrot/ Dip Fresh Apple	<u>15</u> Italian Chicken Breast On A Whole Grain Bun Baby Whole carrot/ Dip Oven Baked French Fries Fresh Pear	<u>16</u> Chicken Fajita Fried Rice Carrots Refried Bean Fresh Orange Cookie	<u>17</u> Teriyaki Beef Stir Fry Fried Rice Steamed Broccoli Fresh Banana	<u>18</u> Spicy Chicken Breast On A Whole Grain Bun Oven Baked French Fries Fresh Apple
<u>21</u> Cheeseburger on a Whole Grain Bun Carrots Oven Baked French Fry Fresh Orange	<u>22</u> Walking Taco's Refried Beans Spanish Rice Baby Whole Carrots Fresh Banana	<u>23</u> Sweet and Sour Chicken Fried Rice Broccoli Strawberries Applesauce	<u>24</u> Spicy Chicken Breast On A Whole Grain Bun Oven Baked French Fries Fresh Assorted Fruit Phoenix Last Day	<u>25</u> Pizza Baby Whole Carrots Fresh Assorted Fruit UTEC Last Day
<u>28</u> No School Memorial Day	<u>29</u> Enjoy Your Summer!!!	<u>30</u> Enjoy Your Summer!!!	<u>31</u> Have A Great Summer To find a Summer Meals site close to you: Call/Llame (800) 359-2163 Text Food IL To 877877 SummerMealsIllinois.org	