










UNITED TOWNSHIP HIGH SCHOOL BREAKFAST

December 2017

Daily Lunch Choices: A variety of premade Salad, Hoagie Lunch, Soft Pretzel Lunch
Lunch Specials:
***MENU SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Waffle Bacon Applesauce Peaches
4 French Toast Sausage Links Fresh Pears	5 Scrambled Egg Assorted Muffin Fresh Banana	6 Breakfast Burritos Fresh Oranges	7 Fresh Baked Cinnamon Roll Orange Juice Pears	8 Scrambled Eggs Pancakes Fresh Apple
11 <i>Glazed Donut</i> Fresh Pear	12 Egg Sausage Cheese Biscuit Mandarin Oranges Peaches	13 Pancakes Bacon <i>Orange Juice</i> <i>Pears</i>	14 Ham and Cheese Quiche Assorted Muffin Fresh Orange	15 Breakfast Pizza Fresh Apple
18 Yogurt Assorted Muffin Assorted Fresh Fruit	19 Scramble Eggs Pancakes Assorted Fresh Fruit	20 Biscuit and Gravy Assorted Fresh Fruit	21  No School	22  No School
25  No School	26  No School	27  No School	28  No School	29  No School



UNITED TOWNSHIP HIGH SCHOOL LUNCH

December 2017

Daily Lunch Choices: A variety of premade Salad, Hoagie Lunch, Soft Pretzel Lunch
Lunch Specials:

***MENU SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese Ravioli With Whole Grain Garlic Bread Stick Cheeseburger On Whole Grain Bun Oven Baked French Fries Mixed Green Salad Green Bean Fresh Assorted Fruit
4 Sweet and Sour Chicken Fried Rice Macaroni and Cheese with Whole Grain Dinner Roll Baby Whole Carrots/Dip Broccoli Fresh Orange	5 Chicken Strips With Whole Grain Roll Pork Tenderloin On A Whole Grain Bun Oven Baked Sweet Potato Fries Baked Beans Applesauce Fruit Cocktail	6 Chicken Fajita Spanish Rice Cheese Lasagna With Whole Grain Garlic Bread Stick Corn and Black Beans Mixed Green Salad Pear Pineapple	7 Herb Baked Chicken with a Whole Grain Roll Mashed Potato and Gravy Meatloaf with a Whole Grain Roll Carrots Green Bean Strawberries Peaches	8 Chili With Whole Grain Grilled Cheese Sandwich Pasta Bar With Whole Grain Garlic Bread Stick Baby Whole Carrots/Dip Mix Green Salad Applesauce Apricots
11 Chef Special Bacon Cheeseburger On A Whole Grain Bun Mixed Green Salad Green Beans Breaded Mozzarella Sticks Fresh Apple	12 Chef Special Walking Taco's Mexican Corn Refried Beans Spanish Rice Baby Whole Carrots/ Dip Fresh Pear	13 Turkey Whole Grain Dinner Roll Ham Whole Grain Dinner Roll Yams Dressing Green Bean Casserole Mashed Potato And Gravy Mandarin Oranges Strawberries Cookie	14 Chef Special Stuffed Crust Pizza Mixed Green Salad Carrots Assorted Fresh Fruit	15 Chef Special Breaded Chicken Sandwich On A Whole Grain Bun Oven Baked French Fries Mixed Green Salad Assorted Fresh Fruit
 <u>No Lunch</u>	 <u>No Lunch</u>	 <u>No Lunch</u>	 Winter Intersession	 Winter Intersession
 Winter Intersession	 Winter Intersession	 Winter Intersession	 Winter Intersession	 Winter Intersession








In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability



UTEC BREAKFAST MENU

**December
2017**

*Milk choice includes:
Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)
Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Yogurt Breakfast Bar Applesauce Peaches
4 Whole Grain Cereal Graham Cracker Fresh Pear	5 Chocolate Mint Donut Fresh Banana	6 Breakfast Burritos Fresh Oranges	7 Fresh Baked Cinnamon Roll Orange Juice Pears	8 Assorted Pop Tarts Fresh Apple
11 Whole Grain Honey Bun <i>Fresh Pear</i>	12 Yogurt Assorted Muffin Mandarin Oranges Peaches	13 Pancakes Bacon Orange Juice Pears	14 Whole Grain Cereal Graham Cracker Fresh Orange	15 Breakfast Pizza Fresh Apple
18 Yogurt Graham Cracker Assorted Fresh Fruit	19 Scramble Eggs Pancakes Assorted Fresh Fruit	20 Biscuit and Gravy Assorted Fresh Fruit	21  Winter Intersession	22  Winter Intersession
25  Winter Intersession	26  Winter Intersession	27  Winter Intersession	28  Winter Intersession	29  Winter Intersession













UTEC/PHOENIX LUNCH MENU

**December
2017**

Milk choice includes: Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)

**Menu subject to change*

Monday	Tuesday	Wednesday	Thursday	Friday
				<u>1</u> Cheeseburger On Whole Grain Bun Oven Baked French Fries Mixed Green Salad Fresh Assorted Fruit
<u>4</u> Macaroni and Cheese with Whole Grain Dinner Roll Baby Whole Carrots/Dip Broccoli Fresh Orange	<u>5</u> Pork Tenderloin On A Whole Grain Bun Oven Baked Sweet Potato Fries Baked Beans Applesauce Fruit Cocktail	<u>6</u> Cheese Lasagna With Whole Grain Garlic Bread Stick Corn Mixed Green Salad Pear Pineapple	<u>7</u> Meatloaf with a Whole Grain Roll Carrots Mashed Potato and Gravy Strawberries Peaches	<u>8</u> Spaghetti With Whole Grain Garlic Bread Stick Baby Whole Carrots/Dip Mix Green Salad Applesauce Apricots
<u>11</u> Cheeseburger On A Whole Grain Bun Mixed Green Salad Oven Baked French Fries Fresh Apple	<u>12</u> Walking Taco's Mexican Corn Spanish Rice Baby Whole Carrots/ Dip Fresh Pear	<u>13</u> Turkey Whole Grain Dinner Roll Dressing Green Bean Casserole Mashed Potato And Gravy Mandarin Oranges Strawberries Cookie	<u>14</u> Stuffed Crust Pizza Mixed Green Salad Carrots Assorted Fresh Fruit	<u>15</u> Breaded Chicken Sandwich On A Whole Grain Bun Oven Baked French Fries Mixed Green Salad Assorted Fresh Fruit
<u>19</u>  Winter Interession	<u>20</u>  Winter Interession	<u>21</u>  Winter Interession	<u>22</u>  Winter Interession	<u>23</u>  Winter Interession
<u>26</u>  Winter Interession	<u>27</u>  Winter Interession	<u>28</u>  Winter Interession	<u>29</u>  Winter Interession	<u>30</u>  Winter Interession