



UNITED TOWNSHIP HIGH SCHOOL BREAKFAST

February 2018

MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Scrambled Egg Waffle Fresh Banana	2 Breakfast Pizza Peaches Apricot
5 Scrambled Eggs Assorted Muffin Fresh Pear	6 Pancakes Bacon Fresh Banana	7 Ham and Cheese Quiche Toast & Jelly Fresh Orange	8 Fresh Baked Cinnamon Roll Apricots Pears	9 French Toast Sausage Link Applesauce Orange Juice
12 Egg Sausage and Cheese Biscuit Applesauce Apricots	13 Scrambled Eggs Pancakes Fresh Banana	14 Cheese Omelet Assorted Muffin Fresh Apple	15 Glazed Donut Fruit Cocktail Mandarin Oranges	16 Assorted Pop Tarts Orange Juice Pears
<u>19</u> <u>No School</u> <u>Presidents Day</u>	20 Scramble Eggs Waffles Orange Juice Applesauce	21 Vegetable Quiche Toast & Jelly Fresh Banana	22 Fresh Baked Cinnamon Roll Pears Mandarin Oranges	23 Breakfast Bagel Pizza Fresh Apple
26 French Toast Bacon Fresh Orange	27 Biscuit and Gravy Orange Juice Fruit Cocktail	<u>28</u> Pancakes Scrambled Eggs Fresh Banana		



UNITED TOWNSHIP HIGH SCHOOL LUNCH MENU

February 2018

Daily Lunch Choices: A variety of premade Salad, Hoagie Lunch, Soft Pretzel Lunch
MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Spaghetti & Meatballs With Whole Grain Garlic Toast Hot Ham and Cheese on a Croissant Mix Green Salad Peas Oven Baked Sweet Potato Fries Applesauce Fruit Sorbet	2 Chicken Enchiladas Spanish Rice Country Fried Steak Whole Grain Dinner Roll Mix Green Salad Mixed Vegetables Mashed Potato and Gravy Peas Fruit Cocktail
5 Teriyaki Beef Stir Fry Fried Rice Fish Sandwich On A Whole Grain Bun Oven Baked Sweet Potato Fries Mix Green Salad Peas Fresh Apple	6 Bacon Cheeseburger On A Whole Grain Bun Chicken Strip With A Whole Grain Dinner Roll Mix Green Salad Oven Baked French Fries Baby Whole Carrot/Dip Fruit Cocktail Peaches	7 Sloppy Joe On A Whole Grain Bun Pork Tenderloin Sandwich on Whole Grain Bun Oven Baked French Fries Corn Green Mix Salad Fresh Pear	8 Philly Steak on Whole Grain Bun Taco Beef Burrito Spanish Rice Mix Green Salad Refried Beans Broccoli Peaches Applesauce Cookie	9 Stuffed Crust Pizza Chili With Grilled Cheese Sandwich Baby Whole Carrot/Dip Mix Green Salad Fresh Apple
12 Baked Italian Rotini Served With Whole Grain Garlic Bread Turkey and Swiss Cheese On A Whole Grain Croissant Carrots Green Mix Salad Fresh Orange	13 Chicken Jambalaya With Whole Grain Garlic Biscuit BBQ Beef Rib Patty on Whole Grain Bun Oven Baked Sweet Potato Fries Baked Beans Mix Green Salad Peas Peaches	14 Italian Chicken Breast On A Whole Grain Bun Potato Crusted Fish Fillet Garden Rice Steamed Broccoli Green Mix Salad Fruit Sorbet Fruit Cocktail	15 Mandarin Orange Chicken Fried Rice Cheeseburger On A Whole Grain Bun Oven Baked French Fries Green Bean Mix Green Salad Fresh Apple	16 Chicken Patty Breast On A Whole Grain Bun Macaroni and Cheese with Whole Grain Roll Carrots Oven Baked French Fries Mix Green Salad Applesauce Raisin
19 <u>No School</u> <u>Presidents Day</u>	20 Beef Goulash Served With Whole Grain Garlic Bread Spicy Chicken Sandwich Whole Grain Bun Baby Whole Carrot/Dip Oven Baked French Fries Mix Green Salad Fresh Apple	21 Chicken Parmesan Served With Whole Grain Pasta Sweet and Sour Chicken With Fried Rice Steamed Broccoli Carrots Mix Green Salad Fresh Pear	22 BBQ Pork Sandwich On A Whole Grain Bun Golden Chicken Breast On A Whole Grain Bun Mix Green Salad Oven Baked Sweet Potato Fries Green Beans Peaches Applesauce Cookies	23 Soft Shell Taco's Spanish Rice Fish Sticks With Whole Grain Dinner Roll Coleslaw Mix Green Salad Corn Fruit Cocktail Peas
26 Bacon Cheeseburger On A Whole Grain Bun Past Bar With Whole Grain Garlic Bread Baby Whole Carrots/ Dip Oven Baked French Fries Mix Green Salad Fruit Cocktail Peaches	27 Salisbury Steak Served With A Whole Grain Bun Chicken Alfredo With Whole Grain Noodles and Garlic Bread Broccoli Mashed Potato and Gravy Mix Green Salad Peas Applesauce	28 Chicken Strips With Whole Grain Dinner Roll Walking Taco Spanish Rice Mix Green Salad Refried Beans Baby Whole Carrots/ Dip Fresh Apple		

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability



UTEC BREAKFAST MENU

**February
2018**

***MENU SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast Pizza Fresh Banana	2 Whole Grain Cereal Graham Cracker Peaches Apricot
5 Banana Bread Fresh Pear	6 Whole Grain Chocolate Donut Fresh Banana	7 Whole Grain Cereal Graham Cracker Fresh Orange	8 Fresh Baked Cinnamon Roll Apricots Pears	9 Powder Donut Applesauce Orange Juice
12 Whole Grain Honey Bun Applesauce Apricots	13 Pancakes Bacon Fresh Banana	14 Fruit Yogurt Graham Crackers Fresh Apple	15 Glazed Donut Fruit Cocktail Mandarin Oranges	16 Bagel Cheam Cheese Orange Juice Pears
19 <u>No School</u> <u>Presidents Day</u>	20 Pop Tarts Orange Juice Applesauce	21 Zucchini Bread Pears Mandarin Oranges	22 Fresh Baked Cinnamon Roll Fresh Banana	23 Blueberry Muffin Fresh Apple
26 Fruit Yogurt Graham Crackers Fresh Orange	27 Biscuit and Gravy Orange Juice Fruit Cocktail	28 Apple Muffin Fresh Banana		



UTEC/PHOENIX LUNCH MENU

**February
2018**

***MENU SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
			<u>1</u> Hot Ham and Cheese on a Croissant Mix Green Salad Oven Baked Sweet Potato Fries Applesauce Fruit Sorbet	<u>2</u> Cheeseburger On A Whole Grain Bun Mix Green Salad Oven Baked French Fries Pears Fruit Cocktail
<u>5</u> Teriyaki Beef Stir Fry Fried Rice Mix Green Salad Green Bean Fresh Apple	<u>6</u> Chicken Strip With A Whole Grain Dinner Roll Oven Baked French Fries Baby Whole Carrot/Dip Fruit Cocktail Peaches	<u>7</u> Sloppy Joe On A Whole Grain Bun Oven Baked French Fries Carrots Fresh Pear	<u>8</u> Taco Beef Burrito Spanish Rice Mix Green Salad Refried Beans Peaches Applesauce Cookie	<u>9</u> Stuffed Crust Pizza Baby Whole Carrot/Dip Mix Green Salad Fresh Apple
<u>12</u> Turkey and Swiss Cheese On A Whole Grain Croissant Carrots Green Mix Salad Fresh Orange	<u>13</u> BBQ Beef Rib Patty on Whole Grain Bun Oven Baked Sweet Potato Fries Baked Beans Pears Peaches	<u>14</u> Italian Chicken Breast On A Whole Grain Bun Steamed Broccoli Green Mix Salad Fruit Sorbet Peaches	<u>15</u> Mandarin Orange Chicken Fried Rice Green Bean Mix Green Salad Fresh Apple	<u>16</u> Chicken Patty Breast On A Whole Grain Bun Baby Whole Carrot/Dip Oven Baked French Fries Applesauce Raisin
<u>19</u> <u>No School</u> <u>Presidents Day</u>	<u>20</u> Spicy Chicken Sandwich Whole Grain Bun Baby Whole Carrot/Dip Oven Baked French Fries Fresh Apple	<u>21</u> Sweet and Sour Chicken With Fried Rice Steamed Broccoli Mixed Green Salad Fresh Pear Cookies	<u>22</u> BBQ Pork Sandwich On A Whole Grain Bun Mix Green Salad Oven Baked Sweet Potato Fries Peaches Applesauce	<u>23</u> Soft Shell Taco's Spanish Rice Baby Whole Carrots/Dip Corn Fruit Cocktail Pears
<u>26</u> Bacon Cheeseburger On A Whole Grain Bun Baby Whole Carrots/ Dip Oven Baked French Fries Fruit Cocktail Peaches	<u>27</u> Salisbury Steak Served With A Whole Grain Bun Broccoli Mashed Potato and Gravy Pears Applesauce	<u>28</u> Walking Taco Spanish Rice Refried Beans Baby Whole Carrots/ Dip Fresh Apple		